

October 2018

Morning Prayer every Wednesday at 9.30 am. Metton Church
NB Except October 3rd No Service

7th October Trinity 20

9.30 am Holy Communion Book of Common Prayer Sustead
11.00 am All Age Worship Roughton

Tuesday 9th October

2.00 pm School Harvest Festival Service Roughton

14th October Trinity 21

9.30 am Holy Communion Common Worship Hanworth
11.00 am Harvest Metton with Felbrigg Felbrigg
3.15 pm Sing For Joy St. David's Nursing Home Sheringham

Wenesday 17th October

2.30 pm Mothers' Union Communion Service Roughton

21st October Trinity 22

9.30 am Morning Prayer Book of Common Prayer Sustead
11.00 am Holy Communion CommonWorship Roughton

28th October Trinity 23

11.00 am Holy Communion Metton with Felbrigg Felbrigg
3.15 pm Sing For Joy St. David's Nursing Home Sheringham
3.30 pm Harvest Gunton

Ambassador

October 2018

45p



Parish magazine of the Roughton Benefice - comprising Roughton, Bessingham, Felbrigg, Sustead, Metton and Hanworth with Gunton

Rector, Reverend Janet Frymann 01263 768075

www.roughtonbenefice.uk

Who's Who in our Benefice

Rector: Revd Janet Frymann

**The Rectory,
Church Loke
Roughton.
NR11 8SZ**

Telephone number 01263 768075

Mobile 07766712545

Email rev.roughton@gmail.com

**Please contact Janet in the first
instance for Baptisms, Weddings
or Funerals**

Hon Assistant Minister

Revd Stephen J G Seamer
01263-479616

Readers

Elizabeth Ranger 01263-761750
Peter Frymann 01263 768075

Authorised Worship Assistant

Simone Hume

Churchwarden Bessingham

None (contact Revd Frymann)

Churchwardens Felbrigg

Mary Llewellyn 01263-513072

Churchwardens Hanworth with Gunton

Elizabeth Ranger 01263-761750
Richard Harbord 01263-768732

Churchwardens Sustead

Priscilla McDougall 01263-577247
Glenn Davenport 01263-768877

Churchwardens Metton

None (contact Revd Frymann)

Churchwardens Roughton

Helen Mortimer 01263-511132
Dave Wiltshire 01263-768104

Prayer Group Co-ordinator

Helen Mortimer 01263-511132

Mothers Union

Dorothy Kendall 01263-513038

Ambassador Newsletter Contacts

General Enquires – Ron Mortimer
01263-511132

ronhel.tutt@btinternet.com

Editor Barbara Chinnery

07500708677

Email bp_chinnery@yahoo.co.uk

Advertising - Derek Ianson

01263-712159

wilmafredbess@btinternet.com

Website manager

Peter Frymann 01263 768075

Roughton Church School

Church member Governor

David Wiltshire 01263-768104

Clerk to the School Governors

Donald Mayes 01263-761392

Robert Brown Trust - Trustees

Revd Janet Frymann 01263-768075

Helen Mortimer 01263-511132

David Wiltshire 01263-768104

Dorothy Kendall 01263-513038

Clerk to the Trustees

Nina Chapman 01263-577782

13062018

NATIONAL TRUST – FELBRIGG HALL

OPENING TIMES

Until 28 October

Hall – daily, 12 noon – 5pm

Gardens, Shop, Tearoom & Second Hand Bookshop
- daily, 11am – 5pm

01 November to 30 December

Hall (Service Wing only) & Second Hand Bookshop
- Saturday & Sunday, 11am – 3pm

Gardens, Shop & Tearoom
- Thursday to Sunday, 11am – 3pm

Estate Grounds – daily, all year, dawn till dusk

Car Park charge £3.00, free to National Trust Members

General Enquiries Tel. 01263 837444

Registered Charity No 205846

Prize Bingo

Friday 28th September

Felbrigg Village Hall

2.00 pm. start

Good Raffle

Free tea/coffee and piece of cake.

In aid of Felbrigg & Metton Village Hall

Your Local Directory Cont.

RAPTOR HOUSE CATTERY

Quiet surroundings –
NO DOGS.

Heated accommodation outside
runs. Inspection welcome by
appointment. 01263 511152

FOX'S FUNERAL SERVICES CROMER

We care, our staff are here to
provide help and guidance in
your time of need, 24 hours a
day.

Tel:- 01263 512427

JMK PRIVATE HIRE TRAVEL

Pre-booked local and national
service. Professional, courteous
and competitive. Air sea and
rail transfers, medical
appointments, day trips etc. For
enquires & bookings Tel:-
01263 820000 e.mail
james@jmktravel.co.uk

CROMER ELECTRICAL LIMITED

For all electrical installation and
maintenance work including
electrical equipment testing, fire
alarms and emergency lighting
systems. Tele:- 01263 513681



22A Holt Road, Cromer,
NR27 9JW

Facsimile:- 01263 512611
cromerelectrical@yahoo.com

SECURITY ALARMS & CCTV

Local NACOSS approved
installer established over 50
years. Professional and reliable.

Free quotations. Kings &
Barnham Security. Tel:- 01328
863254

OLIVER HUSAR

Tree service, surgery and
Woodland Management. Qualified
& Insured Tele:- 01263 577679
Mobile:- 07825214234
www.oliverstrees.co.uk

September, time for the magazine again
Where did the months disappear to?

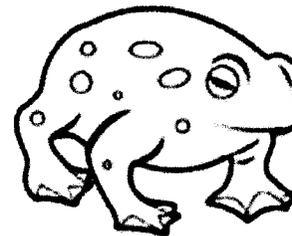
Well let me tell you what's been happening
over the last few months in the Rectory
household. We have been watching the pond
develop and mature a little.

We planted six plants into the pond last year
when we first had it *reintroduced* to the garden.
Five have survived and it has been interesting
to see the plants take root and bloom.

We planted a lovely Iris pseudacorus, Yellow flag. A splendid
Menthe corvina, Water spearmint, which is still producing
wonderful blue flowers. Imagine the scent when you run your
hand across it.



We had two unexpected visitors to the pond,
a couple of toads. The toads were a
matter of great excitement for our two
young grandsons as they watched the
toads hiding in the water outlet
and running to me & Peter telling us
when the toads were not in their home.



"Where have they gone" the children cry!

I have also been sitting in the garden quite a lot while my leg
has been in plaster following the ankle operation in May. I
have spent a lot of time sitting watching the birds feeding or
washing in the bird bath, Wagtails, Robin, Chaffinch, Blue
Tits, Coal Tits and others I don't know. I have sat keeping
myself occupied with some sewing, making a quilt. I have
used scraps of material from my sewing stash and made
them into a medium sized quilt. For the backing I used an old

white sheet to make squares on which I have written out the Japanese version of Psalm 23.

*The Lord is my Pace-setter, I shall not rush;
He makes me stop and rest for quiet intervals.
He provides me with images of stillness,
which restore my serenity.*

My four months of immobility have been productive and at the same time calm, quiet and reflective. If you have the internet. Go to this page and read the Psalm in full:
<http://restministries.com>

I am now at the stage of planning a return to work. I am walking with more confidence each day and gaining the strength I need. The medical team looking after me say that walking is the best physiotherapy I can have. So that's what I'm doing. Walking, with or without the dog, or cycling on my new bike, a tricycle.

So, this leads me to the coming autumn and the change in the weather, leaves falling and the shortening daylight hours. So I am looking forward, always remembering and reflecting on the words of the psalm,



The Lord is my pace-setter, I shall not rush;

With my continued thanks for your support Revd Janet

Your Local Directory

Cromer & District Funeral Services

Cromer's only independent family run Funeral Directors. A compassionate and caring service available 24 hours a day. Private chapel of rest. Golden Charter Prepaid Funeral Plans
Tel:- 01263 514814

Marett's Chariots

COACH & MINIBUS HIRE
16-57 Seat coaches available for hire. For competitive quote please call 01263 837900/837759

Groveland Farm Shop

Thorpe Market Road Roughton. Local, seasonal fruit, vegetables. Groveland beef & deli. Restaurant, coffee shop, garden centre. Gift shop open 7 days a week.
www.grovelandfarmshop.co.uk for times & special events
Sunday carvery
Tel:- 01263 833777

Village Hall Bookings

Felbrigg - Julia Bayle
01263 513103
Hanworth - Jeanette Ayling
01263 768875 (580070)
Roughton - Chloe Bennett
01263 516892

It pays to Advertise

Your firm could benefit and you would be supporting your community magazine at the same time for only £1.45 per word per annum. For more information about advertising in "The Ambassador" Ring DEREK on 01263 712159

R Wells Memorials

Memorial Masons Since 1999
Headstones and Cremation Tablets
Workshop: 01603 755524
www.rwellsmemorials.co.uk
Unit 8 Sawmill Close, Felthorpe, Norwich, NR10 4BH

Conservatory Cleaning Specialists

External and Internal cleans
Gutters, Soffits and Fascias Cleaned (gutters emptied)
Windows and Doors
Car ports and Caravans
Solar Panels
High Pressure Jet Washing of Patios and Driveways
All work undertaken by hand
Fully insured
Discounted rates for pensioners
Contact Conserv-a-Clean Ltd
01603 926 900 / 07909 718 291
enquiries@conserv-a-clean.co.uk
www.conserv-a-clean.co.uk

St-Edmund's church may be an exception as it was placed within the street grid of the Roman town, so it may have been built on the foundations of the previous temple. If that is the case, it would probably make Caister Church the oldest in Norfolk.

After the mission to Kent by St Augustine in 597 AD, the Christian church expanded northwards. It was helped by a culture introduced by the Anglo-Saxon settlers whose custom was to live in nucleated settlements rather than the dispersed pattern of the earlier period. This helped the missionaries to plant churches in the new villages, protected by a headman and to build a new landscape of self sufficiency around them. By the 8thc AD, a Christian landscape had been achieved across most of Norfolk but all that began to change in more recent times during the Agricultural Revolution when the land was adapted to suit modern farming. It moved us towards a more material age presenting the church with yet a new sort of challenge in the community. It reminds us how important the network of rural and urban churches are in stapling Christianity to the all-embracing landscape.

Richard, in Gunton

SEPTEMBER'S QUIZ ANSWERS

Hell Drivers - Sid James - Cambell's Kingdom - Dirk Bogarde - Darling - Julie Christie - Dr. Zhivago - Alec Guinness - The Ladykillers - Peter Sellers - What's New Pussycat - Peter O'Toole - The Lion In Winter - Anthony Hopkins - 84 Charring Cross Road - Anne Bancroft - The Graduate - Dustin Hoffman - Rain Man - Tom Cruise - Top Gun - Meg Ryan - Sleepless In Seattle - Tom Hanks - Saving Private Ryan - Matt Damon - The Bourne Identity - Clive Owen - Gosford Park - Helen Mirren - The Long Good Friday - Bob Hoskins - Mrs Henderson Presents - Judy Dench - Pride And Prejudice

Time for Prayer

Tuesday 9th October at Hotspur, Old Turnpike Road, Roughton led by Dave.

Tuesday 23rd October at 13 The Green, Felbrigg led by Mary

MOTHERS' UNION

Wednesday 3rd October - Annual Festival Service at Norwich Cathedral at 11am.

Wednesday 17th October - Communion Service at Roughton Church at 2.30pm followed by tea.

Thursday 18th October - Members Day at St. Luke's Norwich
10.00 am - 2.30 pm

'HANWORTH : A HUNDRED YEARS ON'

This year we are privileged to commemorate Armistice Day on the centenary of the end of the First World War. Our annual Act of Remembrance takes place this year at 10.50 am on Sunday, 11th November, at Hanworth Memorial Hall. The ceremony is likely to take 20 minutes at the most, and will offer the opportunity to lay wreaths commemorating those whose lives were sacrificed in the wars of the last century. The Memorial Hall Committee hope to offer refreshments following the ceremony, whilst taking the

opportunity to share the latest news on the Hall's refurbishment. Please do join us, if at all possible.

Craft Workshop

1st, 3rd & 4th Monday from 10.0am - 12.30pm at Roughton Village Hall. £2.50 including ,coffee.

Some materials provided.

Quilting, crochet and much more..For further information please contact Simone on: 01263

711346

Next edition of the Ambassador: November 2018.

Copy to Barbara on 15th October please

Disclaimer:

The views expressed by individuals in this Magazine are not necessarily the views of the group of churches in this Benefice. Advertising in this magazine does not imply an endorsement or promotion of the advertisement, nor its content, products or services. Errors and omissions, whilst regrettable, may occur. Please advise the editor and appropriate action will be taken.

Doorway of Hope Service
18th October 2018 @ 7.30
Norwich Cathedral

Join us for a service of remembrance for all who have lost a baby however long ago, whether through miscarriage, termination, stillbirth, as well as during the early months of life.

During this time there will be an opportunity to light a candle as we remember our little ones.

Felbrigg News

The Plant Sale on August Bank Holiday raised the sum of £172. Thanks to all who participated in any way.

Roughton & District W.I.
Craft Group

Meet on the second Monday of each month (10am-12 noon) at Roughton Village Hall. We warmly welcome WI members and visitors alike, and charge £3 per session which goes towards arranging outings/ visits/day schools etc.
Coffee, Tea and biscuits are provided.

You can speak to Angela Newton (01263 514476) for further information.

Felbrigg Harvest Festival
Sunday 14th October @ 11am
Felbrigg Church

Join us for a service of Praise and Prayer as we hear about the farming year here in Felbrigg and in Nicaragua. We also welcome the Gospel Choir.

Mothers Union
Trustee required

Mothers' Union Norwich Diocese is looking to co-opt a trustee willing to work within our aims and objects who will have oversight of the administration of our charity and advise the Board of its legal obligations for the Triennium 2019-2021.

We are based at Diocesan House, 109 Dereham Road, Easton, Norwich NR9 5ES where we employ a paid administrator.

This is a voluntary trustee post for a term of 3 years which could be extended for a further 3 years.

Details of our aims and object, our work and our projects and regulations can be found on our website:

<http://muenterprises.org/norwichmu/>

For further information, to request a role description and to indicate your areas of expertise, please

as an institution disintegrated across most of England. Tribes invaded Norfolk from the Danish-German edges of the Continent, reinstating the native gods and pagan religion. Why did that happen so easily?

Since the Bronze Age the people of Norfolk had looked up to the heavens and seen the night-sky full of sparkling stars, thinking each one represented an ancestor. They figuratively joined heaven and earth by building a huge number of burial mounds to the dead. These 'tumuli' were visible on the ground where ever there was a rise in the land – they were everywhere. The pagan religion created a 'holy' countryside so for the Christians to establish themselves they not only had to reach hearts and minds but also to create a new Christian landscape; a task that would take centuries.

Only a dozen of the many Roman temples are now known in Norfolk and half of them are in and around the Roman town of Caister-by-Norwich. They all have a square plan. This was a single room, a 'cella' that rose up like a tower with a conical roof. Around it was a lower, open ambulatory. Beyond that was a 'temenos' or a sanctuary for ceremonies and festivals, enclosed by an outside wall and gateways. The central positioning of the temple had to give way to 'sacred' trees such as great venerable oaks. In an age when timber was scarce they had to be specially protected by the druidic priests. We have no idea what dedication was given to any of these temples or what was in the cella. Their doors and contents are closed to us – all except that is, the one in Felmingham – more of that later.

A kindly attitude towards paganism is to see it as the precursor of the Old Testament just as that was the precursor of the New Testament. Jupiter could be seen as an expression of the one God's innate strength and so on. A less benign view says that ancient cities in the Roman Empire had poor morals both public and private. Also in Caister a 'curse tablet' was found near one of the temples where someone's goods had been stolen and it was aimed at the thief. Only priests were allowed into the 'cella' of the Roman temple so those buildings could not be adapted for Christian worship with a congregation. They all seem to have been demolished. Caister-

The origins of Christianity in North Norfolk

It took over 600 years for Christianity to become established in North Norfolk – why so long? The good news of Jesus was probably first carried to England by traders and Roman soldiers in the 2nd c AD, but it was competing against new cults from the East such as Mithras, Cymbeline and Isis; the established native pagan religion and the ever present Judaism. Across Britain there were over a hundred pagan gods, many of which were local cults. Their names in North Norfolk have become lost because very few contemporary mosaics or inscriptions in stone in this county survive, which might have illustrated them. After the failure of Queen Boudicca's rebellion in 61 AD against the Romans, her tribe in Norfolk – the Iceni were disarmed and they were refused permission to use the names of their pagan gods. Instead the Roman amalgamated the names of their own with the local gods. This 'syncretising' changed Sullis to Minerva; Cuno-Magius to Apollo and so on. In 260 AD the Emperor Gallienus decriminalised the practice of Christianity and local groups were even allowed to own places of worship. This intensified the competition with pagan worship so several early Christian missionaries were martyred around 290 AD; including Saints Alban, Aaron and Julius. In 313 AD, Emperor Constantine issued the Edict of Milan making Christianity the official religion of the empire. Five priests on the Continent were appointed as English bishops and in that role they attended various councils in Italy on church doctrine. A wonderful collection of silver plates, engraved with the early symbols of Christianity were in modern times found buried on the site of the Roman town near Peterborough. One of the early bishops may have been based there and his diocese could have extended into Norfolk. Another similar 'hoard' was found at Mildenhall on the Norfolk/ Suffolk border. In 391 AD, Emperor Theodosius banned pagan religions but by then the Romans had lost their grip on their empire. The Roman army and their auxiliaries (soldiers from the empire in general, stationed in Britain) returned to the Continent in 410 AD. The Christian church

contact the Mothers' Union Office (01603 882330) or e-mail:

munorwich@googlemail.com
***(staffed Tues, Thursday
and Friday mornings.)***

Bible a Month

Bringing hope to the hopeless

Over the last year, thanks to your gifts, we've been able to provide over 4,400 Bibles in 26 different languages to over 90 organisations at home in this country, including prisons, young offender institutions and immigration removal centres.

The Revd Patrick Wright is one of the chaplains at Heathrow's Immigration Removal Centre and can testify to the importance of this work. 'Our job is to give people hope.' He said. Here, roughly 1,000 men and a couple of dozen women, are awaiting news of if and when they will be deported from the UK.

The reasons could be many and various: overstaying a visa, having arrived in the UK illegally, having committed a crime, or simply making a series of mistakes. 'It definitely is a place where a lot of

people feel hopeless' he says. 'But the Gospel brings hope.'

Patrick and his colleagues have given away at least 50 Bibles a year to detainees in a vast range of languages from Farsi to Tamil, Urdu to Nepalese. And, thanks to your support, we're able to keep their chapel stocked with a good supply of Bibles so that anyone can drop by and read them.

Some of Patrick's flock remain in detention, in a state of uncertainty, for as much as a year. In the end three quarters will be deported. Patrick is aware of the perilous future awaiting some detainees.

'I see this as a mission field, a place God has called me to' says Patrick. 'My role is to impart hope, and the Bible is full of hopeful stories. My favourite is the story of Joseph, where at the end he is able to look back and say: 'God was in it.'

I have to give a genuinely biblical hope, which isn't that life will be without pain or sorrow, but that we can see God's purposes for us, even it means walking a difficult path and facing choices that we would rather not make.'

thank you

for helping to make

world of difference...

World Vision

Helen Mortimer
St Mary's Church, Roughton
195 Holt Road
CROMER
Norfolk
NR27 9JN

World Vision
C/o: Dave
Fax: Mike
Milton Keynes
MK15 0ZR
Tel: 01908 84 10 10
Fax: 01908 84 10 01
E-mail: giftcatalogue@worldvision.org.uk
Website: www.givewell.org.uk

World Vision UK is a registered charity no. 255047
Limited by guarantee and registered in England no. 1073033 Registered office: London

Ref: RCT021AA/RD11642006-1
17 August 2018

RECEIPT

Dear Helen,

thank you for your support in helping to make a difference

Thank you so much for your recent donation on 17/08/2018, which will help World Vision to build a brighter future for many families and communities in the developing world. We are extremely thankful for the support of the local church. Please find below details of your donation and thank you once again for your support of our work and be encouraged that you really are making a difference.

Gift Code	Gift Item	Quantity	Unit Cost	Total Cost
18WT	Water treatment kit	6	£23.00	£138.00
18WP	100 Water purification tablet	7	£16.00	£112.00
Total received.				£250.00

Our founder Bob Pierce prayed "Let my heart be broken by the things that break the heart of God." This prayer continues to inspire our work to this very day.

If you would like more information about how your church can join us in standing with the world's most vulnerable children, then I would be delighted to hear from you.

With every blessing

Justin Bloomfield
Church Relationships Manager | churches@worldvision.org.uk

Supporter number: 403231251

On Sunday the 5th of August at our All Age Worship Service in St. Mary's Church Roughton the theme being water it was suggested, spontaneously agreed and announced that the collection would go towards "Clean Water" where it was most needed in the world. A cheque was duly sent to World Vision.

REMEMBRANCE AT ROUGHTON CHURCH Sunday 11th November at 10.50 am

I'm sure by now everyone is aware that this year is the centenary of the end of World War 1.

We hope to make this service an extra special one.

You will find below a list of names on our memorials of the First and Second World Wars.

If any of these people are your ancestors (and I know some of these names are still familiar in Roughton and the surrounding area) why don't you come and pay your respects to those who died so that we might live.

From the 1st World War

Leonard Bower
Richard Hewitt
Stanley Lambert
George Lawrence
Cecil Turner
Charles E Ward
Cecil Wright

John H Bullen
John T Hoolhouse
Thomas Lambert
John H Reynolds
Herbert J C Wade
Robert J Ward

James Cossey
Sidney E Keeler
Charles Lawrence
Alfred W Turner
Archie Ward
Ernest Ward

From the 2nd World War

Frederick Clear
Donald Everson
Basil Spendlow

Reginald Davies
Henry Hewitt
Wilfred Spendlow

Robert Dew
John Rodwell

=====

November Bible Study Dates

Mondays 5th, 12th, 19th, 26th. 7.30 pm. in the Rectory
and/or

Wednesdays 7th, 14th, 21st, 28th. 10.00 am. in the Rectory
after morning prayer.